THE SCIENCE OF HEALTHY BEHAVIORS

		Illinois Learning Standards Science – Stage G – Grades 6, 7, 8
Lesson	Standard	Performance Descriptor
2, 3, 4, 5	11A.1	Formulate contextual hypotheses generating an if-then, cause- effect premise, differentiating qualitative and quantitative data and their applicability, using conceptual/mathematical/ physical models, or previewing existing research as primary reading sources.
3, 4, 5	11A.2	Design inquiry investigation, which addresses proposed hypothesis, determining choice of variables, preparing data-collecting format, or incorporating all procedural and safety precautions, materials and equipment handling directions.
3, 4	11A.3	Conduct inquiry investigation choosing applicable metric units of measurement with estimated scale and range of results for student-generated data tables, using direct, indirect, or remote technologies for observing and measuring, conducting sufficient multiple trials, or recording all necessary data and observations objectively.
3, 4	11A.4	Interpret and represent analysis of results to produce findings, observing trends within data sets, evaluating data sets to explore explanations of outliers or sources of error, or analyzing observations and data which may support or refute inquiry hypothesis.
3, 4	11A.5	Report and display the process and findings of inquiry investigation, presenting oral or written final report for peer review, generating further questions for alternative investigations or procedural refinements, or evaluating other investigations for consolidation/refinement of procedures or data explanation.
4	12A.1	Apply scientific inquiries or technological designs to examine the cellular-to-organism interrelationships, comparing the increasingly complex structure and function of cells, tissues, organs and organ systems, demonstrating the processes for biological classification, analyzing normal and abnormal growth and health in organisms (with a focus on humans), describing how physiological systems carry out vital functions (e.g., respiration, digestion, reproduction, photosynthesis, excretion, and temperature regulation).
3, 4	12A.3	Apply scientific inquiries or technological designs to explore the science of genetics, tracing the history of genetics, correlating the principles of genetics to mitotic cell division and simple mathematical probabilities, researching applied genetics in plant and animal breeding, or associating genetic factors for inheritance in humans, including genetic disorders.
All lessons	13A.3	Analyze cases of scientific studies, studying historic examples of valid investigations from curricular life, environmental, physical, earth, and space sciences, finding examples of faulty or biased scientific reasoning which distorted scientific understanding, or citing experimental and observational strategies in direct, indirect, and remote investigations.

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Illinois Learning Standards Science – Stage H – Grades 7, 8, 9				
Lesson	Standard	Performance Descriptor		
2, 3, 4, 5	11A.1	Formulate issue-specific hypothesis, generating inquiry questions for an issue investigational premise, differentiating qualitative and quantitative data and their applicability, using conceptual/mathematical/physical models, or previewing associated research.		
3, 4, 5	11A.2	Design scientific issue investigation which addresses proposed hypothesis(es), proposing applicable survey instruments, or selecting associated research, analysis, and communication components.		
3, 4	11A.3	Conduct issue investigation, using technologies for data collection and assimilation, following established formats for random sampling, or following all procedural and safety precautions, materials and equipment handling directions.		
3, 4	11A.4	Interpret and represent analysis of results evaluating data sets to explore explanations of unexpected responses and data concurrence, evaluating survey validity and reliability, or analyzing research and data for supporting or refuting the hypothesis.		
3, 4	11A.5	Report, display and defend the process and findings of issue investigation, presenting oral or written final report for action response options for peer review, generating further questions or issues for consideration, or evaluating other resolutions or responses for action for applicable correlations, consolidation or explanations.		
1, 3, 4	11B.3	Collect and record data accurately, using consistent metric measuring and recording techniques with necessary precision, recording data accurately in appropriate format, or graphing data appropriately according to the tested variables.		
All lessons	12A.4	Apply scientific inquiries or technological designs to explore social and environmental responses of organisms, describing learned and inherited behaviors and responses across kingdoms and between/among phyla, explaining cyclic behaviors and responses in various species, or examining social behaviors of insects and vertebrates.		
3	13A.2	Apply scientific habits of mind to curricular investigations in life, environmental, physical, earth, and space sciences, evaluating evidence, inferring statements based on data, questioning sources of information, explaining necessity of manipulating only one variable at a time, or retrieving mathematical data accurately for scientific analysis.		
3, 4, 5	13A.3	Analyze scientific studies referenced in curricular investigations in life, environmental, physical, earth, and space sciences, reviewing experimental procedures or explanations for possible faulty reasoning or unproven statements (e.g., power line magnetic fields, abiogenesis models), distinguishing relationships of scientific theories, models, hypotheses, experiments, and methodologies, or distinguishing fact from opinion and science from pseudoscience.		

		Illinois Learning Standards Mathematics – Stage G – Grades 6, 7, 8			
Lesson	Standard	Performance Descriptor			
3	6B.7	Solve multi-step number sentences and word problems with rational numbers using the four basic operations.			
3	6D.2	Create and explain ratios and proportions that represent quantitative relationships.			
3	6D.4	Develop, use, analyze, and explain methods for solving numeric or word problems involving proportions.			
3, 4, 5	10A.1	Construct, read, interpret, infer, predict, draw conclusions, and evaluate data from various displays, including box and whiskers plots.			
3, 5	10A.4	Recognize potential bias in data collection methods or data presentation.			
3, 4, 5	10B.1	Select and use appropriate data gathering techniques.			
	Illinois Learning Standards English Language Arts – Stage G – Grades 6, 7, 8				
Lesson	Standard	Performance Descriptor			
3, 4, 5	1B.2	Make connections to real world situations or related topics before and during reading.			
2, 3, 4	1B.3	Define and analyze information needed to carry out a procedure.			
3, 4, 5	1B.5	Infer and draw conclusions about text supported by textural evidence and experience.			
2, 3, 4, 5	1C.1	Use inferences to improve and/or expand knowledge obtained from text and ask open-ended questions to improve critical thinking skills.			
3, 4, 5	1C.2	Synthesize key points and supporting details to form conclusion and to apply text information to personal experience.			
2, 3, 4, 5	1C.12	Use text information to interpret tables, maps, visual aids, or charts.			
3, 4, 5	3B.2	Analyze audience and purpose for writing, and choose the appropriate form (e.g., letters, editorials, reviews, poems, reports, narratives).			
3, 4, 5	3C.1	Compose expository writing that supports a topic or thesis statement with evidence (e.g., newspaper article, pamphlet, report, brochure, manual, business letter).			
3, 4, 5	3C.4	Use appropriate language, details, and format for a specified audience (e.g., gender, age, prior knowledge, interest).			
4	3C.6	Compose a multi-paragraph persuasive piece which presents one position of an issue that offers sufficient support through multiple strategies (e.g., cause/effect, compare/contrast).			
3, 4, 5	4A.7	Separate main ideas, facts, and supporting details in oral messages.			

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All lessons	4A.9	Synthesize, analyze, and evaluate information.		
3, 4, 5	4A.10	Paraphrase and summarize, in both oral and written form, information in formal/informal presentations.		
All lessons	4A.11	Ask and respond to relevant questions.		
3, 4, 5	4A.12	Follow a multi-step set of instructions to complete a task.		
All lessons	4B.10	Identify and use discussion techniques to arrive at a consensus of opinion.		
3, 4, 5	5A.2	Formulate questions to direct research.		
All lessons	5C.2	Evaluate use of text, graphic materials, and visual aids to present information.		
3, 4	5C.3	Select and justify adaptations in format to accommodate characteristics of audiences (e.g., age, background, interest level, group size) and purposes of the presentation (e.g., inform, persuade, entertain).		
3, 4	5C.4	Design and present a project (e.g., written report, graphics, visuals, multi-media presentations).		
Illinois Learning Standards Health – Stage G – Grades 6, 7, 8				
Lesson	Standard	Performance Descriptor		
Lesson 4	Standard 22A.4	Performance Descriptor Talk about various careers that promote health and safety or prevent illness.		
4	22A.4	Talk about various careers that promote health and safety or prevent illness.		
4 1, 2, 4, 5	22A.4 22A.6	Talk about various careers that promote health and safety or prevent illness. Describe behaviors/choices that reduce health risks (sleep, nutrition, activity, stress management, hygiene).		
4 1, 2, 4, 5 4	22A.4 22A.6 22B.3	Talk about various careers that promote health and safety or prevent illness. Describe behaviors/choices that reduce health risks (sleep, nutrition, activity, stress management, hygiene). Evaluate the reliability of health-related information.		
4 1, 2, 4, 5 4 2, 4, 5	22A.4 22A.6 22B.3 22B.4	Talk about various careers that promote health and safety or prevent illness. Describe behaviors/choices that reduce health risks (sleep, nutrition, activity, stress management, hygiene). Evaluate the reliability of health-related information. Discuss how peers affect health-related choices.		
4 1, 2, 4, 5 4 2, 4, 5 4, 5	22A.4 22A.6 22B.3 22B.4 22B.5	Talk about various careers that promote health and safety or prevent illness. Describe behaviors/choices that reduce health risks (sleep, nutrition, activity, stress management, hygiene). Evaluate the reliability of health-related information. Discuss how peers affect health-related choices. Recognize the seriousness of signs and symptoms of illnesses. Recognize the importance of establishing an ongoing exercise plan in order to sustain the health of the body's		
4 1, 2, 4, 5 4 2, 4, 5 4, 5 4, 5	22A.4 22A.6 22B.3 22B.4 22B.5 23B.1	Talk about various careers that promote health and safety or prevent illness. Describe behaviors/choices that reduce health risks (sleep, nutrition, activity, stress management, hygiene). Evaluate the reliability of health-related information. Discuss how peers affect health-related choices. Recognize the seriousness of signs and symptoms of illnesses. Recognize the importance of establishing an ongoing exercise plan in order to sustain the health of the body's systems.		
4 1, 2, 4, 5 4 2, 4, 5 4, 5 4, 5 4, 5	22A.4 22A.6 22B.3 22B.4 22B.5 23B.1 23B.2	Talk about various careers that promote health and safety or prevent illness. Describe behaviors/choices that reduce health risks (sleep, nutrition, activity, stress management, hygiene). Evaluate the reliability of health-related information. Discuss how peers affect health-related choices. Recognize the seriousness of signs and symptoms of illnesses. Recognize the importance of establishing an ongoing exercise plan in order to sustain the health of the body's systems. Identify the components of a healthy lifestyle.		
4 1, 2, 4, 5 4 2, 4, 5 4, 5 4, 5 4, 5 1, 4, 5	22A.4 22A.6 22B.3 22B.4 22B.5 23B.1 23B.2 23B.4	Talk about various careers that promote health and safety or prevent illness. Describe behaviors/choices that reduce health risks (sleep, nutrition, activity, stress management, hygiene). Evaluate the reliability of health-related information. Discuss how peers affect health-related choices. Recognize the seriousness of signs and symptoms of illnesses. Recognize the importance of establishing an ongoing exercise plan in order to sustain the health of the body's systems. Identify the components of a healthy lifestyle. List choices that have a positive influence on health.		